

# Beginning/Intermediate Table Tennis Class

*at the*

## Maryland Table Tennis Center

18761-Q Frederick Rd., Gaithersburg, MD 20879 • 301-519-8580 • [www.mdttc.com](http://www.mdttc.com)

**Who:** Adult players, from beginners to about 1500 level.  
Minimum age is 13 or permission of the instructor.

**When:** 10 Mondays, Feb. 17 – Apr. 21, 2014, 6:30–8:00 PM

**Fees:** \$200/student, MDTTC members \$175. Make checks out to Larry Hodges.

**Coach:** Larry Hodges, USATT Hall of Famer and Certified National Coach,  
author of six books and over 1300 articles on table tennis.

**Topics Covered:** The goal of the class is to teach the basics of table tennis.  
Topics include:

- Grip and Ready Position
- The Forehand and Backhand strokes
  - Driving
  - Smashing
  - Pushing
  - Blocking
  - Looping
- Defensive play: Lobbing, Fishing & Chopping
- Serve
- Return of Serve
- Footwork
- Equipment
- Tactics

**More Info:** Contact Larry Hodges, [larry@larrytt.com](mailto:larry@larrytt.com), 240-994-7144  
\*\*\*Fill out the form below *or* email to reserve your spot\*\*\*  
If you don't have a racket, one will be provided for you.



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Name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

I accept full responsibility for my participation. I relieve the coaches, directors, sponsors and any others involved in the class of any liability for injury, loss or damages.

Signature \_\_\_\_\_ Date \_\_\_\_\_